



Thanks to the many people who have made donations toward the purchase of a murti of Bhagavan Nityananda, the satguru of our lineage. The statue has been commissioned and will be delivered to our Nityakash retreat center (a portal for Baba's presence on Maui) in time for the September Immersion.

Once cast, the statue will be placed in the Samadhi Shrine in Ganeshpuri, where abhisheka and pranapathista (instillation of life force) ceremonies are being done. We will repeat the ceremonies when the statue arrives at Nityakash.

If you haven't yet donated funds and would like to do so, please go to HeartOfC.org/Donations

We are also collecting gold jewelry to melt down and put into the statue—so that anyone who wishes can have a “piece of themselves” in Baba. If you would like to be included, please mail your item to Sacred Space Yoga Sanctuary, 830 Bancroft Way #105, Berkeley, CA 94710 (USA). We will need your jewelry by end of January.

With deep gratitude, devotion and service to all of you,

Swami Khecaranatha
Trika Śaivism~Kundalini Sādhana

At the top of the page is the new Heart of Consciousness logo for our website/online spiritual portal that will be launched on January 24 (my Guru Rudi's birthday).

Trika Śaivism masterfully and succinctly articulates the movement toward liberation and was significantly influenced by the direct recognition that emerged from Kuṇḍalinī Sādhana. The practice of kuṇḍalinī, with evidence of the term showing up as early as the 7th century, was very influential and widespread, and it is one of the most exalted of the ancient Eastern spiritual traditions.

This logo is the perfect symbol of our practice, as it is a powerful visual image of spiritual realization according to Trika Śaivism and Kuṇḍalinī Sādhana.

The three prongs of the trident represent Śiva's triadic powers of will, knowledge, and action, as well as Consciousness, energy, and the individual—three expressions of an undifferentiated unity. The trident also refers to the upayas, which are the triadic means to liberation and the state of awakened Consciousness—the recognition of one's own Śiva-hood revealed by the descent of grace. The staff of the trident depicts the suṣumṇa, the central channel within an individual that is the pathway for kuṇḍalinī to rise through the psychic body and back to its source, Consciousness, revealing the direct recognition of our own divinity. This is significant because our individual lives, divinely offered to us, are our means to discovering the highest truth in God. The lotus represents the Goddess Parā, who is Śakti—the Goddess Kuṇḍalinī, who is also the energy of bliss, the essential nature of our existence that is awakened and enlivened through our practice. Finally, the open halo encircling the trident represents the liberation of kuṇḍalinī, opening and expanding into the Heart of Consciousness – the unbounded, universal Self. The “open arms” of this circle represent the sacred space for the community of practitioners to come together, held in union and energetic embrace.