

# Lecture Series on Tantric Śaivism & Workshop on Khecarī Mudrā - Seal of the Skyfaring Goddess

Taught by Mark Dyczkowski  
October 14-20, 2019



Presented by Swami Khecaranatha and Heart of Consciousness





# heart of consciousness

Lecture Series and Workshop  
Taught by Mark Dyczkowski

A Brief History of Tantric Śaivism

Mon-Weds, October 14-16, 2019

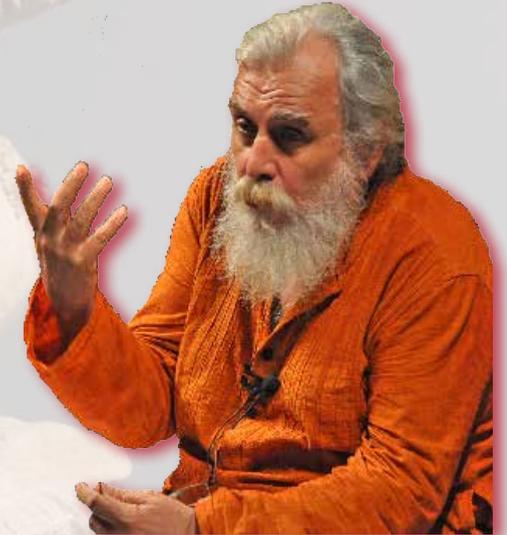
Śakti Transmission Class with Swami Khecaranatha

Thurs, October 17

Khecarī Mudrā - Seal of the Skyfaring Goddess

Fri- Sun, October 18-20

Mark Dyczkowski, (Sadāśaya), is one of the world's leading authorities on Tantric Śaivism. He has spent the past 30 years in total devotion to completing the translation and commentary on the Tantrāloka. Mark's profound wisdom of the ancient practices of Anuttara Trika makes him uniquely qualified to offer this in-depth exploration of these topics. Mark has also studied sitar and North Indian classical music since childhood and has performed in dozens of countries, including India.



- A Brief History of Tantric Śaivism: 3 Lecture Series  
In person, in Berkeley, CA: \$35 per session or \$95 for the 3-evening series  
Webinar - available for the 3-evening series only: \$80
- Śakti Transmssion Class with Swami Khecaranatha (No charge)
- Khecarī Mudrā - Seal of the Skyfaring Goddess: Weekend Workshop  
Friday evening, Saturday/Sunday day  
In person, in Berkeley, CA: \$325 or Webinar: \$225
- Complete program discount - In person: \$375, Webinar: \$275  
See [heartofc.org](http://heartofc.org), calendar tab or call 510-529-4173 to pay with a credit card.

PLEASE SEE THE NEXT PAGES FOR MORE INFORMATION  
ABOUT EACH OF THESE PROGRAMS



# heart of consciousness lecture series

## A Brief History of Tantric Śaivism

Mon-Weds, 7-9 pm, Oct 14-16, 2019

Taught by Mark Dyczkowski

### Monday: The Development of Śaivism from the Vedas to the Tantras

We will briefly examine the figure, cult & development of the Vedic God Rudra, the precursor of the Śiva in the Tantras and classical Hinduism.

### Tuesday: The Development of the Śaiva Tantras

An overview of the 6th to 9th centuries.

### Wednesday: The Exegesis of the Śaiva Tantras

In order to practice the teachings of the Tantras, initiation is essential, and so too an understanding of purport. This is the Guru's responsibility. We will examine how the Gurus explained the teachings and how this led to the development of the schools of nondualist Śaivism in Kashmir from the middle of the 9th century CE.

From this perspective, we shall briefly examine their individual identities, teachings and how they are interrelated.

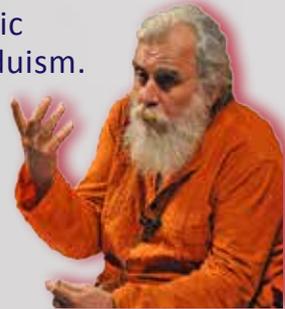
### Thursday: Śakti Transmission Class

with Swami Khecaranatha

October 17, 7-8:30 pm

(required Intro for those new to this practice at 6:30 pm)

Open-eyes class is a primary method for direct transmission of spiritual energy from a teacher to a student in nondual Kashmiri Śaivism. Swami Khecaranatha is a master of kuṇḍalinī sādhana with almost 50 years experience teaching. He is an initiated lineage carrier in the Śakti transmission lineage of Bhagavan Nityananda and Swami Rudrananda.



*In person or by webinar. Register at [heartofc.org](http://heartofc.org), calendar tab or 510-529-4173  
Rudramandir, 830 Bancroft Way @ 6th St, Berkeley, CA*

# heart of consciousness: weekend workshop



## Khengarī Mudrā - the Seal of the Skyfaring Goddess



Taught by Mark Dyczkowski

Fri, Oct 18 7:00-9:30 pm

Sat, Oct 19 9:30 am-5:00 pm (followed by Sitar concert, 6-8 pm)

Sun, Oct 20 9:30 am-3:30 pm

Flight is one of the most beautiful and significant ways the liberated state is portrayed in the Tantras and in the texts on Yoga. The Yogi achieves this by following the upward flow of the breath (often called kuṇḍalinī) through the channel that extends along the axis of the body called the suṣumṇa. The Yogi traveling on it and leaving the body, becomes a liberated Skyfarer (Khecara), in a state of pure consciousness called No Mind or Beyond Mind. Abhinavagupta expounds the teaching that liberation is the attainment of the Skyfarer's state which is achieved by means of the Seal of the Skyfaring Goddess.

Commonly, Mudrā is a term denoting a hand gesture or posturing of the body made in the course of performing a ritual or practicing a Yoga. The word literally means a 'seal' or 'impression,' which forms in the mirror of consciousness as the experience we have of ourselves and the world. Mudrā is the means by which the original image of that reflection can be realized to be our own essential Śiva consciousness. This, the primary form of Mudrā, is the Skyfaring Goddess - Khengarī- who is the creative freedom of Śiva's reflective awareness of His own nature which is at once all things and their transcendental source. Thus a Yoga of the Breath turns into a Cognitive Yoga:

**The one whose mind is stable and is without (outer) support,  
he whose breath is firm (and fixed) without it being blocked,  
he whose gaze is fixed without looking,  
his is the pure seal (mudrā) of the Skyfaring (goddess).**

In chapter thirty-two of his Tantrāloka, Abhinava presents the teachings of six Tantras concerning the formation of this Mudrā and others associated with it. The first of these Tantras is the Mālinīvijayottara. There we find a description of the rites performed for the regular worship of the Trika goddesses seated on the prongs of the Trika Trident. Projected into the devotee's body, it becomes Khengarī Mudrā serving as the Path through the reality levels up to Parā, the supreme Trika goddess, and beyond to Kālī, who consumes time. There the devotee merges into the Eternity of consciousness and takes flight.

*In person or by webinar. Register at [heartofc.org](http://heartofc.org), calendar tab or 510-529-4173  
Rudramandir, 830 Bancroft Way @ 6th St, Berkeley, CA*